



July 1, 2020

Dear Jefferson Students and Families,

Metro Care Connection is a collaborative school and community based effort focused on removing barriers to learning. We offer expanded school based health services to students in the Cedar Rapids Community School District during regular school hours. Jefferson High School is fortunate to have not only a regular health office to help with day to day health concerns but in addition, we are also a Metro Care Connection (MCC) School-Based Health Clinic site. Other MCC clinics are located at Metro and Kennedy High Schools.

Our health centers offer free health care to students without access to affordable health insurance or a primary care provider. MCC follows privacy guidelines of both medical (HIPAA) and educational (FERPA) documents. An official notice of privacy practices can be obtained at our clinic or on our website. Each health center is staffed by a Pediatric Nurse Practitioner (PNP). When the PNP is in clinic we can provide:

- Physical examinations and immunizations
- Treatment for minor illness (examples: headache, ear infection, strep throat)
- Basic laboratory tests
- Prescriptions for minor illness
- Health education and counseling
- Referral for more complex medical conditions

In order to receive medical care at one of our Metro Care Connection School Based Health clinics, students under the age of 18 must have a completed consent form signed by a parent or guardian. **We are not able to give any medications or treat any illness without this signed consent form.** If you wish to have Metro Care Connection Health services available to your student, please complete/sign the Health Care Consent Form and return it to Jefferson High School. A new consent is required every year.

You may also wish to complete the Administration of School Supplied Acetaminophen (Tylenol) and Ibuprofen (Advil) for Middle and High School Students which allows your student to receive up to 5 doses of over the counter medication (OTC) as needed for headache, menstrual cramps or tooth/orthodontic pain. This form would be necessary if your child requires OTC when MCC services are not available.

For questions and or concerns please contact myself at 558-3473 or Kathy Carpenter at 558-2221. During summer months you may email me at srumelhart@crschools.us.

Thank you,

Susan Rumelhart

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