

J-Hawk Relays @ Kingston 04/05/14

9:15 Field Events Arrive at Kingston

10:00 Runners Arrive at Kingston

Monday: Kingston 3:30 - 5:00

Tuesday: Meet @Dub. Sr. - bus departs @1:30

Shot Put	10:00	Kuba 31'00"	Bolden 33'1/2"	Stodola 24'02"	Smith 19'8.5"	
					Thurmond	
Discus	10:00	Kuba 85'04"	Bolden 84'6"	Stodola 68'04"	53'05"	
High Jump	10:00	Prohaska 4'6"	Powell 4'2"			
Long Jump	10:00					
3000 M Run	11:15	Ely				
		11:53.08				
4x800	11:45	Hargrove	Meyer	Robinson	Netz	11:17.74
Opening	12:15	71/2:37.8	71/2:41.6	78/2:54.1	86/3:03.7	
Shuttle Hurdles	12:25	Abilene	Parke	Kitterman	Madison	69.39
		15.33	18.59	19.32	15.94	
		Autumn	Trosky	Jenna	Kuhn	77.58
		18.58	17.77	20.39	20.56	
100 M Dash	12:50	Blue	Marge	Belew	Powell	
		13.10 - 1st	13.62	14.29	15.54	
Distance Medley	1:10	Belew	Parke	Clark	Hanna	4:39.27
		28.45	29.55	68.61	71/2:32.66	
		Vanous	Antons	Jenna	Bertram	5:05.98
		31.90	30.50	72.04	83/2:51.26	
400 M Dash	1:35					
						1:44.56-
						1st meet
4x200	1:50	Abilene	Blue	Marge	Schneek	rec.
		26.35	25.65	26.48	25.79	
		Clark	Beard	Powell	Trosky	2:01.75
		30.64	28.83	31.56	30.27	
100 M Hurdles	2:05	Madison	Kitterman	Autumn	Vanous	
		15.56	17.54	18.29	20.22	
800 M Run	2:20	Koenigsfeld	Ely		Terry	
		73/2:31.94	78/2:41.67		86/3:02.13	
200 M Dash	2:40	Autumn	Marge	Antons	Kuhn	
		28.44	27.29	30.84	32.93	
400 M Hurdles	3:00	Parke				
		76.48				
						1:50.44-
						1st meet
Sprint Medley	3:15	Madison	Abilene	Schneekloth	Blue	rec.
			24.88	26.02	59.21	

		Clark	Beard	Antons	Trosky	2:06.78
			28.13	30.84	68.54	
1500 M Run	3:40	Hannah	Bertram	Robinson	Netz	
		5:31.01	6:18.07	5:59.63	6:13.00	
						49.53-
4x100	4:00	Schneek	Abilene	Marge	Blue	meet rec.
		Vanous	Beard	Jenna	Kuhn	58.22
4x400	4:15	Kitterman	Koenigsfeld	Autumn	Belew	4:13.53
		62.74	61.82	64.17	64.52	
		Powell	Antons	Meyer	Hargrove	4:44.27
		73.38	70.60	69.30	70.58	