

SEASON'S BEST 2013

(*) denotes split out of starting blocks (HH) denotes hand-held time
(updated thru the State Meet)

FIELD EVENTS:

SHOT PUT	Edelen 34' 05.00"	Evans 31' 04.00"	Barrera 22' 03.50"	Freeze 17' 06.00"	Crawford 19' 09.00"
	Stodola 24' 06.00"				
DISCUS	Edelen 127' 00.00"	Evans 76' 08.00"	Barrera 61' 09.00"	Crawford 36' 08.00"	Freeze 43' 10.00"
	Stodola 58' 09.00"				
LONG JUMP	Meese 15' 03.50"	Blue 16' 00.00"			
HIGH JUMP	Prohaska 4' 10"				

HURDLES:

60 M HURDLES	Jacobson 9.29 (HH)	M. Ranschau 9.47	Vanous 12.05 (HH)	Trosky 10.76 (HH)	Kitterman 10.81
100 M HURDLES	M. Ranschau 15.04	A. Ranschau 16.15	Parke 17.42	Anderson 19.42	Jackson 19.49
	Kuhn 19.56	Trosky 17.17 (HH)	Vanous 19.54	Jacobson 15.81	
SHUTTLE HURDLES	Jacobson 15.43	Kitterman 16.96	A. Ranschau 16.31	M. Ranschau 15.07	Parke 17.53
	Anderson 19.03	Kuhn 19.45	Jackson 18.60	Trosky 17.22	Vanous 19.29
400 M HURDLES	Jacobson 64.24	Parke 70.87	Anderson 87.37	Jackson 80.64	Kuhn 86.50 (HH)

SPRINTS

60 M DASH	Schneekloth 7.85 (HH)	Ratliffe 7.90 (HH)	Broghammer 8.05 (HH)	Beard 8.90 (HH)	Meese 8.36
	A. Ranschau 8.43				
100 M DASH	Broghammer 12.72	Schneekloth 12.77	Beard 14.04 (HH)	Terry 15.28	Ratliffe 12.60

	Meese 13.56	Zeadow 16.74	Howard 14.69	Rolwes 14.24	Blue 12.83
200 M DASH	Rowles 30.00 (HH)	Beard 31.68 (HH)	Antons 31.66 (HH)	Parke 29.66 (HH)	Terry 33.14 (HH)
	Zeadow 34.47 (HH)	Prohoska 32.36	Kitterman 27.84	A. Ranschau 28.28	M. Ranschau 29.05
	Anderson 32.39	Orhnstein 28.14	Vanous 32.99	Blue 26.59	Howard 30.83
	Meese 26.90	Schneekloth 25.48	Prohaska 31.43 (HH)	Clark 31.32	
200 M SPLITS	Ohrnstein 27.34	Carter 29.04	Trosky 29.41	Vanous 30.73	Rattliffe *24.98
	Blue 24.88	Schneekloth 25.21	Broghammer 25.09	Kitterman *28.20	A. Ranschau 26.59
	Meese 25.74 *26.28	M. Ranschau 28.28	Jacobson 25.69	Antons 28.31	Zeadow 34.06
	Beard 29.15	Terry 31.62	Jackson 29.33	Kuhn 31.88	Rolwes 28.43
	Clark 28.90	Parke 29.28	Blue 24.96	Howard 29.37	
400 M DASH	Zeadow 79.22	Antons 66.70	Meese 67.21	Howard 66.81	Anderson 73.12
	Carter 70.02	Zikes 69.66	Rolwes 70.55	Ohrnstein 74.04	Zeadow 77.88
	Trosky 69.00	Terry 74.96	Gaebler 66.79	Vanous 78.98	
400 M SPLITS	Howard 68.15	Parke 74.29	Rattliffe 63.22	Schneekloth 58.93	A. Ranschau 63.56
	Jacobson *59.19	Blue 57.40	Koenigsfeld 59.44	Broghammer 59.37	Kitterman 61.29
	Meese 63.34	Hanna 65.52	Ely 69.25	Orhnstein *65.96	Gaebler 68.03
	Trosky 66.59	Vanous 75.28	Jackson 75.59	Kuhn 76.00	Meyer 70.23
	Terry 75.51	Beard 72.45	Carter 70.43	Antons 69.78	Anderson 71.63
	Prohaska 73.00	Clark 70.86	Rolwes 68.60	Zikes 69.66	

DISTANCE:

800 M RUN	Zikes 2:33.65	Gaebler 2:39.58	Hanna 2:28.72	Ely 2:40.40	Meyer 2:39.32
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	Koenigsfeld 2:23.02	Rolwes 2:54.77	Trosky 2:55.43		
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800 M SPLITS	Koenigsfeld 2:23.1	Hanna 2:24.9	Ely 2:35.5	Gaebler 2:36.0	Rowles 2:37.6
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	Meyer 2:42.8	Zikes 2:36.5			
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1500 M RUN	Hanna 5:20.71	Zikes 5:22.31	Ely 5:24.59	Koenigsfeld 5:13.82	
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3000 M RUN	Zikes 11:34.03				
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RELAYS:

4 X 100 M VAR	Kaunhe	Schneekloth	Meese	Broghammer	48.41 (Sch. rec.)
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JV	Ohrnstein	Rolwes	Howard	Beard	54.78
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4 X 200 M VAR	Ratliffe	Schneekloth	Blue	Broghammer	time best)
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JV	Ohrnstein	Kitterman	A. Ranschau	Meese	1:56.18 (HH)
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SPRINT MEDLEY VAR	Ratliffe	Meese	Broghammer	Blue	1:48.39 (sch. rec.)
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JV	Orhnstein	Rolwes	Carter	Trosky	2:04.16 (HH)
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DISTANCE MEDLEY VAR	Meese	A. Ranschau	Kitterman	Koenigsfeld	4:19.58
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JV	Orhnstein	Antons	Carter	Hanna	4:39.01 (HH)
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4 X 400 M VAR	Jacobson	Blue	Broghammer	Schneekloth	3:58.44 (sch. rec.)
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JV	Orhnstein	Hanna	Rolwes	Ely	4:29.42 (HH)
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4 X 800 M VAR	Ely	Gaebler	Koenigsfeld	Hanna	10:20.08
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JV	Hanna	Ely	Zikes	Meyer	10:36.45
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SHUTTLE HURDLE VAR	Jacobson	A. Ranschau	Kitterman	M. Ranschau	for 33 inch hurdles
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JV	Parke	Trosky	Anderson	Jackson	1:14.15
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